



1-866-579-RIDE, www.PaCommuterServices.org

FOR IMMEDIATE RELEASE

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Commuter Services Issues Annual Challenge for Bike to Work Week
Get Fit, Save Money, Win Prizes

YORK, Pa. (May 7, 2014) – Commuter Services of Pennsylvania is teaming up with local partners Healthy Adams Bicycle/Pedestrian Inc. (HABPI), the Harrisburg Bicycle Club, Bike Harrisburg, Bicycle South Central Pennsylvania, Eat Play Breathe York, the Lebanon Valley Bicycle Coalition, LiveWELL Lancaster County and Lighten Up Lancaster and is challenging regional employers and commuters to participate in its fifth annual Bike to Work Week, May 12–May 16.

Commuters who ride their bicycles to work during the week will be entered to win a Bike Prize Pack valued at more than \$50. The employer with the greatest number of bicycling commuters will also be recognized. To qualify, bicycle commuters should log their activity for Bike to Work Week at PaCommuterServices.org/biketoworkweek2014 beginning Friday, May 16.

The challenge is open to all employers and commuters in Adams, Berks, Cumberland, Dauphin, Franklin, Lancaster, Lebanon, Perry and York counties.

Last year more than 2,740 miles were logged by 90 participants during Bike to Work Week.

Bike to Work Week is a national activity that promotes commuting by bicycle, which offers health and fitness benefits as well as reduces vehicle pollution and traffic congestion.

Connect with Commuter Services on Facebook (www.facebook.com/CommuterServicesPA) and on Twitter (twitter.com/SaveOnCommutePA).

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About Commuter Services
1-866-579-RIDE, www.PaCommuterServices.org

Funding is provided by the Federal Highway Administration through PennDOT and the region's metropolitan planning organizations.

Commuter Services board includes transit agencies, planning organizations and chambers:

- Harrisburg Regional Chamber; the Gettysburg Adams, Lebanon Valley, Greater Chambersburg Chambers of Commerce, and the York County Economic Alliance; Lancaster and Greater Reading Chambers of Commerce & Industry;

- Berks Area Regional Transportation Authority (BARTA), Lebanon Transit (LT); Red Rose Transit Authority (RRTA, Lancaster); York Adams Transportation Authority (rabbittransit); Capital Area Transit (CAT, Cumberland-Dauphin-Harrisburg);
- Adams, Franklin, Lancaster, Lebanon, Reading and York Area Metropolitan Planning Organizations (MPOs); Harrisburg MPO (Cumberland, Dauphin and Perry counties).

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