



1-866-579-RIDE, [www.PaCommuterServices.org](http://www.PaCommuterServices.org)

**FOR IMMEDIATE RELEASE**

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**Dump the Pump, Write About it and Win**

Commuter Services urges commuters to use alternative transportation,  
announces essay contest with prizes

**YORK, Pa. (June 17, 2013)** – National Dump the Pump day is Thursday, June 20, 2013. This national day of awareness focuses on the benefits of using alternative forms of transportation as opposed to driving alone, such as decreasing fuel dependency, minimizing congestion and saving money on gas, maintenance, insurance, parking and reducing your carbon footprint. Commuters can Dump the Pump by taking public transit, biking, carpooling, vanpooling, walking, or teleworking.

Commuter Services of Pennsylvania is holding a contest to celebrate Dump the Pump day. Commuters are encouraged to submit their story, in 250 words or less, about how they have saved money and/or improved their quality of life when they 'Dumped the Pump' by using a non-single occupancy vehicle commuting mode. They can submit their entry by mail or on the Commuter Services website. All entries must be received by Friday, June 28.

The winner will be selected by a panel of judges comprised of the Commuter Services Board of Directors and staff. They will win a Smart Commuter Prize Pack valued at \$50, including a \$25 gift card, and have their photo and story featured on the website. Smaller prizes (valued at \$15) will also be awarded to two additional winners.

Submit your essay in one of the following ways:

**Mail to:** Commuter Services of PA, Dump the Pump Essay Contest  
2951 Whiteford Road, Suite 201, York, PA 17402

**Website:** [www.pacommuterservices.org](http://www.pacommuterservices.org)

Dump the Pump day is sponsored by the American Public Transportation Association (APTA). Connect with Commuter Services on Facebook ([www.facebook.com/CommuterServicesPA](http://www.facebook.com/CommuterServicesPA)) and on Twitter ([twitter.com/SaveOnCommutePA](http://twitter.com/SaveOnCommutePA)).

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**About Commuter Services**

**1-866-579-RIDE, [www.PaCommuterServices.org](http://www.PaCommuterServices.org)**

Funding is provided by the Federal Highway Administration through PennDOT and the region's metropolitan and rural planning organizations.

Commuter Services board includes transit agencies, planning organizations and chambers:

- Harrisburg Regional Chamber; the Gettysburg Adams, Lebanon Valley, Greater Chambersburg Chambers of Commerce, and the York County Economic Alliance; Lancaster and Greater Reading Chambers of Commerce & Industry;
- Berks Area Regional Transportation Authority (BARTA), Lebanon Transit (LT); Red Rose Transit Authority (RRTA, Lancaster); York Adams Transportation Authority (rabbittransit); Capital Area Transit (CAT, Cumberland-Dauphin-Harrisburg);
- Adams, Franklin, Lancaster, Lebanon, Reading and York Area Metropolitan Planning Organizations (MPOs); Harrisburg MPO (Cumberland, Dauphin and Perry counties).

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