



1-866-579-RIDE, [www.PaCommuterServices.org](http://www.PaCommuterServices.org)

**FOR IMMEDIATE RELEASE**

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**Commuter Services Encourages Commuters to “Dump the Pump”**  
Contest awards those who try more cost effective transportation

**YORK, Pa. (June 13, 2017)** – In conjunction with National Dump the Pump Day, Commuter Services of Pennsylvania is hosting an essay writing competition for commuters. The contest is open for anyone who uses alternative commute options on National Dump the Pump Day, Thursday, June 15, 2017, including public transit, biking, carpooling, vanpooling, walking, or teleworking.

Dump the Pump Day is a national day of awareness about the benefits of ‘dumping the pump’ by using green commuting options as opposed to driving alone. Advantages for commuters who try alternative travel modes include decreasing fuel dependency, minimizing congestion, reducing your carbon footprint and saving money on gas, maintenance, insurance and parking.

To enter the contest, participants must submit their story, in 250 words or fewer, detailing how they have saved money and/or improved their quality of life when they ‘Dumped the Pump’ and tried a smarter commute mode to work instead of driving alone. All entries must be received by Friday, June 23.

The top-prize winner will be selected by a panel of judges and awarded a Kindle Fire. Two additional runner-ups will also be chosen to receive Prize Packs.

Participants can submit their entry by mail or through the Commuter Services website:

**Mail to:** Commuter Services of PA, Dump the Pump Essay Contest  
2951 Whiteford Road, Suite 201, York, PA 17402

**Website:** <https://pacommuterservices.org/dumpthepump2017/>

**Fax:** (717)-718-0020

**E-mail:** [Customer.Service@PaCommuterServices.org](mailto:Customer.Service@PaCommuterServices.org)

Connect with Commuter Services on Facebook ([www.facebook.com/CommuterServicesPA](http://www.facebook.com/CommuterServicesPA)), Instagram (<https://www.instagram.com/pacommuters/>) and Twitter ([twitter.com/SaveOnCommutePA](https://twitter.com/SaveOnCommutePA)).

**About Commuter Services**  
**1-866-579-RIDE, [www.PaCommuterServices.org](http://www.PaCommuterServices.org)**

Funding is provided by the Federal Highway Administration through PennDOT and the region's metropolitan planning organizations.

Commuter Services board includes transit agencies, metropolitan planning organizations and chambers:

- Capital Area Transit, Lebanon Transit, Monroe County Transportation Authority, Schuylkill County Transportation System, South Central Transit Authority and Central Pennsylvania Transportation Authority.
- Adams, Franklin, Harrisburg (Cumberland, Dauphin and Perry counties), Lancaster, Lebanon, NEPA (Schuylkill, Carbon, Monroe and Pike counties), Reading and York MPOs.
- The Carbon Chamber & Economic Development, the Harrisburg Regional Chamber & CREDC; the Gettysburg Adams, Greater Chambersburg and Lebanon Valley Chambers of Commerce; Greater Reading Chamber and Economic Development Corporation, Lancaster Chamber of Commerce & Industry and the York County Economic Alliance.

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